

## **LIFE IN A DAY: DOCUMENTARY FILM-MAKING CHALLENGE**

### **Information Sheet / Consent Form / Entry Form**

#### **Title of Study: "Understanding Futures Through Covid-19"**

*REC Reference Number:*

We would like to invite you to take part in a research project in which we want to find out more about young people's experiences of lockdown across Lambeth and Southwark. One of the ways that we are doing this is by asking young people to take part in a film-making competition. We are inviting you to use our the film resource page and then make films and send them to us. We are creating an Online Time Capsule of life during lockdown, which we will use to help inform local responses to supporting young people through (and beyond) the rapidly evolving coronavirus crisis. We would like to ask whether you would like to take part in this project.

Before you decide whether you want to take part, it is important for you to understand why the research is being done and what your participation will involve. Please take time to read the following information carefully and discuss it with others if you wish. Ask us if there is anything that is not clear or if you would like more information.

### **FILM ENTRY DETAILS**

Date of filming: [5<sup>th</sup> December 2020]

Deadline for submission [midday 6<sup>th</sup> December 2020]

Who: You can enter if you live or go to school/attend a youth centre in Lambeth/Southwark

### **ABOUT THIS RESEARCH**

This documentary film-making competition is part of a project run by a group of researchers at King's College London, called "Understanding young people's futures through Covid-19: The impact of lockdown and social distancing." The research is being done in collaboration with filmmaker and editor Ralph Pritchard and Theatre Peckham.

### **WHY ARE WE DOING THIS RESEARCH?**

We are collecting young people's accounts of lockdown across Lambeth and Southwark. We are creating an Online Time Capsule of life during lockdown, which we will use to help inform local responses to supporting young people through (and beyond) the rapidly evolving coronavirus crisis.

### **WHY ME?**

We would like you to participate in this research because you are a young person living in Lambeth or Southwark who is interested in filmmaking. We want to know more about what your experience of lockdown has been.

### **WHAT WILL HAPPEN IF YOU AGREE TO TAKE PART?**

If you choose to take part, you will be invited to shoot 3 individual 1-minute episodes from your day on a specific day [5<sup>th</sup> December 2020]. Before you start filming, we will ask you to read through the online film resource pack about artistic, practical and ethical aspects of filmmaking. This course will cover:

- How to tell a good story using camera and sound
- How to do one-take shots
- The ethics of film-making: overt film-making and gaining consent from participants
- The ethics of filming in public spaces (what counts as a public space, where is it ok to film?)
- Safeguarding during film-making (e.g. not filming in dangerous situations or illegal activities)
- Levels of identifiability: how to make anonymous films if you do not want to be publicly associated with your film.

After you have completed the resource pack, we will ask you to shoot your footage. Each of the 1-minute films has to be a one-take shot, which means no edits within that one minute. Together, the three components of the film should tell a story.

### **CAN I INCLUDE MYSELF IN MY FILM?**

Yes, you absolutely can, but you don't have to. In the film resource pack, we go into more detail about how you can make sure that you only include in the film things that you want to include. We want to make sure that you are only as identifiable as you want to be. This means you can choose whether to include footage of yourself, or just your voice, or just your surroundings, or none of these things. You can also find a way to shoot a film in which it is very unlikely that you will be identified, for example by using music and drawn images.

### **CAN I INCLUDE OTHER PEOPLE IN MY FILM?**

The same principle applies to other people: if there are other people in your film who could be identified, whether this is by their voice or their image, they should give explicit consent to being included. If your film does include other people, then we will ask you to film them saying that they consent to be included. They can choose to use one of these three phrases:

- I'm ok with you including me in your film, for you to edit it, and post it online
- I'm happy to be included in your film, for you to edit it, and post it online.

- I'd love to be included in your film, and I'm happy for you to edit it, and post it online.

When you submit your film, please submit this footage alongside so that we can see that people have consented to be included. If someone does appear in your film and you have not submitted their consent, your film will be disqualified from the competition and we will have to delete the footage.

### **CAN I INCLUDE UNDER 16s IN MY FILM?**

We recommend that you do not include people under 16 in your footage. This is because you would have to ask them AND their parent/guardian for consent, which we think is too complicated. If, however, you really want to include under 16s in your footage, you can do so, as long as you film both them AND their parents/guardians saying that they give their consent for the individual under 16 to be included. If you do include people under 16 in your film and you don't upload their consent AND their parents/guardian's consent, we will have to disqualify your film from the competition and delete the footage.

### **HOW CAN I SUBMIT MY FOOTAGE?**

You can use this entry form to upload your three clips by midday on 6<sup>th</sup> December 2020

### **WHAT HAPPENS AFTER I HAVE SENT IN MY FOOTAGE?**

We will look through all the entries. We can only upload your footage once you have completed this online consent form. Films submitted (e.g. via e-mail) without a consent form will be deleted. A team of judges, including Ralph Pritchard and the researchers will select footage to go in an edited version that combines lots of footage. We will only select your footage if you have also given us permission to put it online as part of the Online Time Capsule, which will be hosted on a publicly available website. In the form below we ask whether you would like us to use your first name, your full name, or a pseudonym in the film credits.

Whether or not your film is included in the final film, we will think about what all of the films tell us about young people's experience of lockdown. We will then communicate our thoughts about the films to local policy makers and health researchers so they can make better decisions about how to support young people during the Covid-19 pandemic, and in the future. We also plan to disseminate results from the study in journals, conferences, reports and community events.

### **WHAT ARE THE COMPETITION PRIZES?**

There will be one winner who will receive a first prize of a laptop, as well as a second prize (a video mic for a phone camera) and third prizes (phone tripods). The winners will be announced at the latest two weeks after the competition deadline. Everyone who has submitted a film with the relevant documentation will receive a certificate of participation from King's College London.

### **WILL ANYONE KNOW I AM DOING THIS?**

You can tell anyone you want to that you are taking part in this research, but we won't tell anyone. If you have included footage that might identify you AND you have given us permission to include your footage in the Online Time Capsule people might know that you have participated. You don't have to agree for your footage to be included in the Online Time Capsule in order to take part in the competition. When we present our research about the film footage to other researchers or policy makers, we won't tell them your name. When we do collect any information about you (like your name and contact details), we will make sure it is stored in a safe place and only the people doing the research study can look at it.

### **DO I HAVE TO TAKE PART?**

No, you do not. It is up to you. We would like you to read this information and then decide. If you agree to take part, we would like you to fill in the form online and **sign it electronically.**

### **CAN I CHANGE MY MIND?**

Yes, up to one week after the competition deadline. If you change your mind and don't want to take part after signing the forms, you can still withdraw your consent without giving a reason by contacting the researchers whose contact details are listed below by 13<sup>th</sup> December. However, after one week, we will have made decisions about which footage will be included in the film for the Online Time Capsule. If you withdraw from the study within a week, we will then delete the videos you submitted, as well as any other information you have given us. All we will keep is a record of your withdrawal of consent.

### **WHAT ARE THE POSSIBLE RISKS OF TAKING PART?**

This is a very low risk study. The only risk is that we will be holding data about your experience of lockdown and social distancing. However, unless you ask us to credit your film with your name, this data will not have your name attached. All personal details including your film footage and this consent form will be held in a secure place in the university.

### **WHAT ARE THE POSSIBLE BENEFITS OF TAKING PART?**

If you decide to take part then you will be able to contribute to a research project which is specifically trying to understand how young people from Lambeth and Southwark have experienced lockdown and social distancing during the coronavirus pandemic. In the long term we hope that this research can help inform local responses to supporting young people through (and beyond) the rapidly evolving coronavirus crisis. We also hope that the competition will be a fun and engaging opportunity that will help you improve your film-making skills.

### **WHAT HAPPENS TO THE RESULTS OF THIS STUDY?**

We will collect all the films together with some other artistic competitions we are running with young people in Lambeth and Southwark to understand young people's experience of lockdown. We will take a selection of entries and place them in the Online Time Capsule of life during lockdown. Finally, we will take the content of the Online Time Capsule to community organisations and local policy makers. We will also present some of our findings in a series of public events. We would like to invite you and your friends and family to come and discuss the films further. We also plan to disseminate results from the study in journals, conferences, and reports.

### **HOW WILL WE STORE AND USE THE DATA WE COLLECT ABOUT YOU?**

All consent forms, entry forms, and films will be stored on our online encrypted, password-protected Sharepoint folder, only accessible by the research team and KCL staff for monitoring purposes. Only the entries themselves will be shared anonymously with Ralph Pritchard, the editor, to edit and judge the films for the Time Capsule and competition. All data will be stored for 7 years in accordance with the King's Data Retention Schedule for high-risk research studies. Your data will be processed in accordance with the General Data Protection Regulation 2016 (GDPR). If you would like more information about how your data will be processed in accordance with GDPR, you can visit the link below:

<https://www.kcl.ac.uk/research/support/research-ethics/kings-college-london-statement-on-use-of-personal-data-in-research>

### **WHAT IF SOMETHING GOES WRONG?**

If this study has harmed you in any way or if you wish to make a complaint about the conduct of the study you can contact King's College London using the details below for further advice and information:

The Chair, Laura Stackpole, [rec@kcl.ac.uk](mailto:rec@kcl.ac.uk)

### **WHAT IF I HAVE QUESTIONS OR WANT TO TALK TO SOMEONE ABOUT THE STUDY?**

You can talk to anyone you want to about this research. Your parents, carer or teacher may be able to answer some of your questions.

The researchers can also answer your questions. You can contact them by email, phone, post, or text:

**Hannah Cowan** ([hannah.cowan@kcl.ac.uk](mailto:hannah.cowan@kcl.ac.uk))

**Charlotte Kühlbrandt** ([charlotte.kuhlbrandt@kcl.ac.uk](mailto:charlotte.kuhlbrandt@kcl.ac.uk))

**Hana Riazuddin** ([hana.s.riazuddin@kcl.ac.uk](mailto:hana.s.riazuddin@kcl.ac.uk))

Address:

School of Population Health & Environmental Sciences  
Faculty of Life Sciences & Medicine  
5th Floor, Addison House,  
Guy's Campus, London, SE1 1UL  
King's College London

Website: [utopianow.co.uk](http://utopianow.co.uk)

Text or phone: 00447587527416

## WHERE ELSE CAN I GO FOR HELP?

If you are worried about your mental health or wellbeing during this time you can contact:

### Local:

#### High Trees (Tulse Hill):

<https://www.high-trees.org/our-services/young-people-families-services/>

Email: [youth@high-trees.org](mailto:youth@high-trees.org) // Call: 0208 671 3132 or 0208 674 3975.

**Lambeth Coronavirus support:** <https://www.lambeth.gov.uk/youngpeople-coronavirus>

**The Nest Southwark (wellbeing support)** <https://www.thenestsouthwark.org.uk/young-people/>

### National:

#### Childline:

<https://www.childline.org.uk>

If you need urgent help call: 0800 1111 9am-midnight

#### Young Minds:

<https://youngminds.org.uk>

If you need urgent help text: YM to 85258

**For a full list of national support for coronavirus and mental health visit:**

<https://hypekcl.com/covid-19-coronavirus-resources/>